



## Lois & Jerry Tarkanian Middle School Student Expectations 2018-2019

Teacher:	Subjects:	Room Number
Mrs.Barberie, Mr. Murray, Mr. Paonessa &Mr. Rosenthal <a href="mailto:millejl1@nv.ccsd.net">millejl1@nv.ccsd.net</a> <a href="mailto:murraej@nv.ccsd.net">murraej@nv.ccsd.net</a> <a href="mailto:paonema@nv.ccsd.net">paonema@nv.ccsd.net</a> <a href="mailto:rosenjt@nv.ccsd.net">rosenjt@nv.ccsd.net</a>	Health 8	Mrs. Barberie <b>324</b>  Mr. Murray <b>304</b> Mr. Paonessa Mr. Rosenthal

### Course Scope

<b>Health 8</b>	<p>This one-semester course provides students an introduction to the mental, physical, social, emotional, and environmental aspects of human wellness. Goal setting and decision making processes are the foundation of this course. Topics include wellness, nutrition and physical activity, body systems, substance use and abuse, communicable and non-communicable diseases, violence prevention, safety, and consumer health. Sex education and sexually transmitted infectious disease education, within established guidelines, is an integral part of this course. Instructional practices incorporate integration of diversity awareness including appreciation of all cultures and their important contributions to our society. The appropriate use of technology is an integral part of this course. This course fulfills the health requirement for eighth-grade students.</p>
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### Course Goals

<ol style="list-style-type: none"> <li>1. To develop decision-making skills and strategies for assuming responsibility for individual health and safety. [NS: 5.8]</li> <li>2. To evaluate health care services within the community in relation to individual wellness. [NS: 3.8, 8.8]</li> <li>3. To examine proper nutrition and physical activity guidelines. [NS: 1.8, 6.8]</li> <li>4. To recognize basic mental health issues and disorders among youth. [NS: 2.8]</li> <li>5. To examine the structures, functions, and inter-relationships of human body systems. [NS: 1.8]</li> <li>6. To investigate how substance abuse is mentally, physically, and socially harmful to one's self and others. [NS: 5.8, 7.8]</li> <li>7. To explore the causes, symptoms, preventions, and treatments of various communicable and non-communicable diseases. [NS: 5.8, 7.8]</li> <li>8. To investigate the biological, emotional, and social changes occurring throughout adolescence. [NS: 1.8, 2.8]</li> <li>9. To understand the processes of human development and pregnancy. [NS: 1.8]</li> <li>10. To determine the benefits of healthy relationships. [NS: 4.8]</li> <li>11. To identify the various contraceptive methods with an emphasis on abstinence. [NS: 7.8]</li> <li>12. To compare the symptoms, causes, prevention, and treatments of various sexually transmitted infections including HIV. [NS: 5.8, 7.8]</li> <li>13. To demonstrate knowledge and skills needed for injury/violence prevention and minor injuries. [NS: 1.8]</li> <li>14. To investigate various environmental and consumer health issues. [NS: 8.8]</li> </ol>
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In accordance with NRS 389.065 and CCSD Regulation 6123, the Board of School Trustees authorizes the establishment of units of instruction on the human reproductive system, related communicable diseases, sexual responsibility, and Acquired Immune Deficiency Syndrome (AIDS). Any materials used for instruction on the previously stated topics must be approved by the Sex Education Advisory Committee and the Board of Trustees. Prior to instruction, active parent/guardian permission must be obtained.

### **Recommended Materials**

It is expected that each student come to class every day with the following items: school planner, pencils, eraser, red ballpoint pen, highlighter, and loose-leaf paper in a 3-ring binder with a Health Section labeled and a pocket folder to keep notes and handouts in.

### **Textbook and other Resources Information**

The textbook for this course is Glencoe Teen Health-Nevada edition. Health class uses a book that is part of a classroom set only. However, if the student needs to finish an assignment, he/she may sign out a book at the end of the school day. All borrowed books must be returned the next morning during Mentorship. If the book is damaged or lost, a fine will be assessed to replace the book.

### **Evaluation and Grading System**

**All grades** will be based on the following scale:

**A (90 – 100%), B (80 – 89%), C (70 – 79%), D (60 – 69%), F (0 – 59%)**

#### **Quarter grades**

Formative (Classwork/Homework)-30%

Summative Assessments-70%

**Semester grades** will be based on two quarters of Health (both at 40% each) and a **semester exam** (20%).

**Late work policy** will be as follows: All Health assignments handed in after the unit has ended will be given a MinF. Absent work policy follows CCSD regulations- 3 days to make up for each day absent. It is each student's responsibility to get the work, complete the work and hand the work in.

**Citizenship grades** will be determined by each student's ability to make good choices regarding respect and responsibility as determined by school and classroom rules and procedures.

**Please Note:** Parents can use the internet to follow their child's weekly progress in all classes through *Infinite Campus*. For more information on this service, please call the school at 702-799-6801.

**Expected Student Behavior**

**Consequences / Rewards**

### **Mutual Courtesy / Mutual Respect**

Respect for oneself and others is achieved through positive interactions with those around you. To ensure that classroom activities benefit all, students will be expected to be:

**Capable** – seated with required materials out and ready by the final bell.

**Courteous** – polite to each member of the class, including visitors and substitutes.

**Cooperative** – follow all classroom rules and procedures for actions such as speaking, leaving their seats, sharpening their pencils, and working on assignments in groups or individually.

**Considerate** – show respect for others and their feelings.

All students have the right to learn; any behavior which disrupts this process will be addressed through a variety of methods including, but not limited to:

- Phone calls/letters to parents
- Parent conferences
- Reduction in citizenship grade
- Detention
- Loss of privileges
- Counselor's referral
- Dean's referral/detention

Students who contribute to a positive educational experience for themselves and their fellow classmates can expect the following rewards:

- Commendable citizenship grades
- Positive phone calls/letters to parents
- Academic and privilege passes
- Participation in grade-level activities
- Field Trip privileges